

EAT WELL - LIVE WELL - BE WELL

Male Fertility History

Patient Name:	Age:	Date:
Name of fertility doctor/specialist:	Contact Number:	Start date:

FERTILITY HISTORY

How long have you been trying to conceive with your pa	artner:			
Have you had any diagnosis relating to fertility:	🛛 No	🛛 Yes ,	Describe:	
Have you had any fertility treatments:	🛛 No	🖵 Yes ,	When:	
			Туре:	
			Physician:	
Have you fathered any children:	🛛 No	🗅 Yes ,	When:	
	With your current partner:			□ No □ Yes
Have you had a Semen Analysis:	🛛 No	🗅 Yes ,	Results:	
			Date:	
Have you been examined by a urologist:	🛛 No	🗅 Yes ,	Results:	
Have you had any microsurgery, or other operations:	🛛 No	🖵 Yes,	For what co	ndition:
			Result:	
Have you had any hormonal blood-work evaluations:	🛛 No	🖵 Yes,	Result:	
Have you had any other diagnostic procedures:	🗖 No	🖵 Yes,	Type:	

HEALTH HISTORY

At what age did you begin puberty:					
Have you ever suffered a trauma to your reproductive organs:	🛛 No	🛛 Yes ,	When:		
Describe:					
Have you ever had a kidney infection:	🛛 No	🛛 Yes,	When:		
Have you ever had a urinary tract or bladder infection:	🛛 No	🛛 Yes,	When:		
Have you ever had inflammation of the prostate:	🛛 No	🛛 Yes,	When:		
Have you had any testicular masses or nodules:	🛛 No	🛛 Yes,	What:		
Have you ever had a hernia:	🛛 No	🖵 Yes,	What:		

ACUPUNCTURE

Do you have a history of undescended testes:	🛛 No	🖵 Yes,	When did it resolve:		
Have you had the mumps as a child:	🗖 No	🛛 Yes,	When:		
Was your mother exposed to DES while pregnant with you:	🗖 No	🛛 Yes			
Have you been treated for any sexually transmitted disease:	🛛 No	🛛 Yes,	When:		
Describe:					
Have you had any recent illnesses, colds or flus:	🗖 No	🛛 Yes,	When:		
	Describe:				
Have you been diagnosed with any other medical conditions:	🛛 No	🛛 Yes,	When:		
	Describe	e:			

LIFESTYLE

			Low				
How is your sexual energy:	Good	🛛 Fair					
Do you use condoms with spermicidal agents:	🖵 No	🗖 Yes					
Do you have a very stressful job:	🗖 No	🗖 Yes					
Are you frequently exposed to environmental toxi	ns or pollutar	nts:	🗆 No 🛛 Yes,				
			Describe:				
Does your job involve sitting at a desk all day:	🗖 No	🖵 Yes					
Do you have a stressful home environment:	🗖 No	🖵 Yes					
Do you use recreational drugs:	🗖 No	🗖 Yes					
Do you smoke cigarettes:	🗖 No	🗖 Yes					
Do you drink alcohol:	🗖 No	🗖 Yes,	How often:				
Do you have an exercise routine:	🗖 No	🗖 Yes,	Describe:				
What do you do for relaxation:			-				
Do you have difficulty sleeping:	D No	🗖 Yes,	Describe:				
Are you overweight:	🗖 No	🗖 Yes,	How many	pounds:			
Are you underweight:	🗖 No	🗖 Yes,	How many	pounds:			
Do you struggle to maintain a consistent weight:	🗖 No	🗖 Yes,	How so:				

MEDICATIONS

Have you recently taken antibiotics:	🛛 No	🛛 Yes ,	When:
Have you ever taken steroids:	🗖 No	🛛 Yes ,	When:
Do you take any over the counter medications:	🗖 No	🛛 Yes ,	Туре:

ACUPUNCTURE

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Do you take any prescription medications:	🗖 No	🖵 Yes ,	Туре:
Do you use any anti-fungal creams or applications:	🗖 No	🛛 Yes	
Do you take any nutritional supplements or herbal products:	🗖 No	🛛 Yes ,	Туре:

SYMPTOMS

Do you ever experience impotence:	🛛 No	□ Yes
Do you ever have painful erections:	🛛 No	The Yes
Do you have difficulty sustaining an erection:	🛛 No	The second secon
Do you ever experience nocturnal emissions:	🗖 No	□ Yes
Do you ever experience premature ejaculation:	🗖 No	□ Yes
Do you ever experience difficulty or inability to ejaculate:	🗖 No	□ Yes
Do you ever experience a loss of libido:	🗖 No	□ Yes
Do you ever feel your libido is too high:	🗖 No	□ Yes
Do you experience coldness in your scrotum:	🗖 No	□ Yes
Do you experience swelling in your scrotum:	🗖 No	The second secon
Do you experience any pain or discomfort in your scrotum, or testes:	🗖 No	The second secon
Do you ever have a heavy or bearing down sensation in your testicles:	🗖 No	The second secon
Do you notice any abnormal discharge from your penis:	🗖 No	The second secon
Do you experience genital itching:	🖵 No	The second secon
Do you have any genital rashes or sores:	🗖 No	The second secon
Do you have frequent urination:	🗖 No	The second secon
Do you have interrupted urine flow:	🗖 No	The second secon
Do you have scanty urine:	🖵 No	The second secon
Do you have copious urine:	🗖 No	The second secon
Is your urine generally light yellow:	🖵 No	The second secon
Is your urine generally dark yellow:	🗖 No	The second secon
Does your urine have a strong odor:	🖵 No	The second secon
Does your urine feel hot:	🗖 No	The Yes
Do you experience pain with urination:	🗖 No	The Yes
Do you ever have slight incontinence or dribbling of urine:	🛛 No	□ Yes

OTHER COMMENTS